



FEVERFEW

Tanacetum parthenium (tan-ah-SAY-tum par-THEN-ee-um)

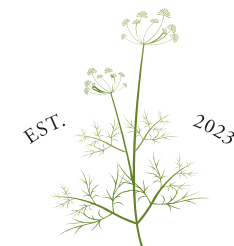
PERENNIAL | ASTERACEAE FAMILY

ZONES: 5-10

EXPOSURE: FULL SUN

MATURE HEIGHT: 24" | SPREAD 18"

BLOOM: YELLOW & WHITE | JULY-OCTOBER



HERB & VINE

— healing plants —



Medicinal



Cut



Companion



Repellent



Aroma



Resistant

Feverfew or Bachelor's Button has a long history as a medicinal herb used for fever and migraine relief. Most of its traditional uses are external: in salves, poultices, and strewing.

- The 15th century herbalist, Nicholas Culpeper, called for bruising the herb and pressing it to your wrists at the first sign of a headache.
- Therapeutic*: analgesic, anti-inflammatory, anti-microbial, anti-spasmodic.
- Naturally repels insects including bees, butterflies and mosquitos. Plant beside roses to deter aphids.
- Self-sows profusely (control spread by deadhead flowers before they go to seed).

Caution: do not use if you have allergies to plants in the Asteraceae (daisy) family. Do not take internally or use externally during pregnancy or if you're taking blood thinners.



**Information is based on research of the historical uses of this herb and does not constitute medical advice. Consult a medical professional before using any herb for therapeutic purposes.*

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