



CHINESE MOTHERWORT

Leonurus sibiricus

BIENNIAL | LAMIACEAE FAMILY

ZONES: 5-9

EXPOSURE: PART SHADE

MATURE HEIGHT: 5 FT | SPREAD 2 FT

BLOOM: PURPLE | SUMMER



Medicinal



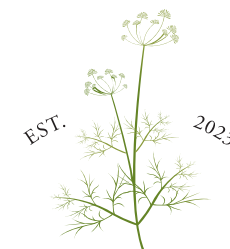
Pollinators



Container



Indoor



HERB & VINE

— healing plants —

Also known as Marihuanilla or Honeyweed, this medicinal herb has been used for many years in Asia and Europe. It grows tall, erect, and full of vibrant purple flower spikes. It makes a showstopping hedge and is beloved by pollinators. It is known to have antibacterial, anti-inflammatory, and antioxidant activity.

- In Chinese medicine this plant is unique in that it is often used on its own and not in a mixture with other plants.
- Therapeutic*: treatment of painful and excessive menstruation, post-partum bleeding, oedema, kidney stones, eczema and abscesses. Has been used externally for rheumatism or arthritis.
- It's also used as a smoking herb or base herb to relaxing tea blends.

Caution: Consult with a qualified healthcare practitioner before using herbal products.



**Information is based on research of the historical uses of this herb and does not constitute medical advice. Consult a medical professional before using any herb for therapeutic purposes.*



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