



# MIMOSA

*Albizia julibrissin* (al-BIZZ-ee-ah joo-lee-BRIS-sin)

PERENNIAL | FABACEAE FAMILY

ZONES: 6-9

EXPOSURE: FULL SUN

MATURE HEIGHT: 20-40 FT | SPREAD 20-50 FT

BLOOM: PINK | MAY-JULY



Medicinal



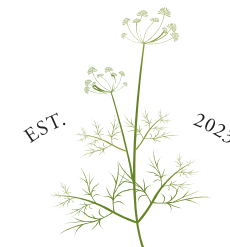
Container



Pollinators



Butterflies



HERB & VINE

— healing plants —

Silk Tree is a native of Asia that was introduced in the U.S. in 1745. It was cultivated as an ornamental tree due to its fragrant and showy flowers. This tree is now invasive in parts of the Southeastern United States.

- The Chinese have used the bark and flowers for centuries to relieve anxiety, stress and depression. The “Tree of Happiness” is used today to support a healthy stress response and a healthy mood.
- Therapeutic\*: Mimosa bark is more acrid than the flowers and the two are often combined in a tea or tincture. It works on the heart and liver systems and is mood stabilizing, calming, sedative, anti-inflammatory, and analgesic. The bark promotes blood circulation, reduces pain and swelling, and aids in wound healing. It also has antioxidant and anti-aging compounds.

Caution: Considered an invasive species which can be messy as well. It spreads by seeds which can be toxic to livestock and dogs.



\*Information is based on research of the historical uses of this herb and does not constitute medical advice. Consult a medical professional before using any herb for therapeutic purposes.

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