



BURN JELLY PLANT

Bulbine frutescens

SUCCULENT | ASPHODELACEAE FAMILY

ZONES: 9-12

EXPOSURE: FULL SUN | OVERWINTER INDOORS

MATURE HEIGHT: 18" | SPREAD 24"

BLOOM: YELLOW | MID-SUMMER-LATE FALL



Medicinal



Container



Indoor



HERB & VINE

— healing plants —

Sometimes called first aid plant, this South African native is a succulent that will overwinter on a bright indoor windowsill but can spend summers outside in full sun where it will attract pollinators. Its flower stalks tower up to 2 feet and feature yellow and orange star-shaped blooms.

- Therapeutic*: antiseptic and haemostatic, promotes wound healing.
- Squeeze gel from the leaves and use topically for for burns, rashes, blisters, bites, chapped lips, cold sores and sunburn. Similar properties to aloe.
- Some studies show benefits for treating eczema and arthritis and acne.

Caution: consult your doctor before using if you are pregnant or nursing.



**Information is based on research of the historical uses of this herb and does not constitute medical advice. Consult a medical professional before using any herb for therapeutic purposes.*

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