



HYACINTH BEAN

Lablab purpureus (LAB-lab pur-PUR-ee-us)

ANNUAL VINE | FABACEAE FAMILY

ZONES: 10-11

EXPOSURE: SUN

MATURE HEIGHT: 10-25 FEET

BLOOM: PINK/PURPLE | SUMMER-FALL



Medicinal



Culinary



Aroma



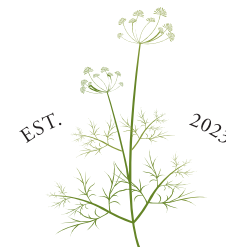
Cut



Butterflies



Pollinators



HERB & VINE

— healing plants —

Hyacinth Bean has been used in Asia as a stimulant, to reduce fever, to reduce flatulence, to stimulate digestion, and as an antispasmodic. Also for treating cholera, vomiting, diarrhea, leucorrhoea, gonorrhoea, and alcoholic intoxication.

- Therapeutic*: anticholesterolemic, antidote, antivinous, carminative, hypoglycaemic. Prolongs coagulation time. Mature seeds are anthelmintic, antispasmodic, aphrodisiac, astringent, digestive, febrifuge and stomachic (cook or roast mature seeds).
- The tender pods, seeds, young leaves, and flowers are edible. The beans are a good source of protein and phosphorus; the leaves are protein-rich.
- Plants are fairly fast growing and the bacteria on the roots enrich the soil with nitrogen

Caution: Toxic in large quantities. Keep away from pets. Consult your doctor before taking if on medications or pregnant.



**Information is based on research of the historical uses of this herb and does not constitute medical advice. Consult a medical professional before using any herb for therapeutic purposes.*

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